



From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals

Barbara Haber

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Barbara Haber, one of America's most respected authorities on the history of food, has spent years excavating fascinating stories of the ways in which meals cooked and served by women have shaped American history. As any cook knows, every meal, and every diet, has a story -- whether it relates to presidents and first ladies or to the poorest of urban immigrants. "From Hardtack to Home Fries" brings together the best and most inspiring of those stories, from the 1840s to the present, focusing on a remarkable assembly of little-known or forgotten Americans who determined what our country ate during some of its most trying periods. Haber's secret weapon is the cookbook. She unearths cookbooks and menus from rich and poor, urban and rural, long-past and near-present and uses them to answer some fascinating puzzles: - Why was the food in Franklin and Eleanor Roosevelt's White House so famously bad? Were they trying to keep guests away, or did they themselves simply lack the taste to realize the truth? It turns out that Eleanor's chef wrote a cookbook, which solves the mystery. - How did food lure settlers to the hardship of the American West? Englishman Fred Harvey's Harvey Girls tempted them with good food and good women. - How did cooking keep alive World War II Army and Navy POWs in the Pacific? A remarkable cookbook reveals how recollections of home cooking and cooking resourcefulness helped mend bodies and spirits. "From Hardtack to Home Fries" uses a light touch to survey a deeply important subject. Women's work and women's roles in America's past have not always been easy to recover. Barbara Haber shows us that a single, ubiquitous, ordinary-yet-extraordinary lens can illuminate a great deal of this other half of our past. Haber includes sample recipes and rich photographs, bringing the food of bygone eras back to life. "From Hardtack to Home Fries" is a feast, and a delight.

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Michael Battle:

Reading a guide tends to be new life style on this era globalization. With looking at you can get a lot of information that can give you benefit in your life. Having book everyone in this world can share their idea. Guides can also inspire a lot of people. Plenty of author can inspire all their reader with their story or their experience. Not only situation that share in the publications. But also they write about the ability about something that you need illustration. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors nowadays always try to improve their ability in writing, they also doing some investigation before they write for their book. One of them is this From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals.

Alfred Hoover:

A lot of people always spent their very own free time to vacation or even go to the outside with them family or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read a book. It is really fun for you personally. If you enjoy the book that you read you can spent the entire day to reading a publication. The book From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals it doesn't matter what good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. In case you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore quickly to read this book out of your smart phone. The price is not too expensive but this book provides high quality.

Michael Stanford:

In this particular era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become among it? It is just simple way to have that. What you should do is just spending your time almost no but quite enough to have a look at some books. One of several books in the top checklist in your reading list is definitely From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals. This book which is qualified as The Hungry Hillside can get you closer in becoming precious person. By looking right up and review this publication you can get many advantages.

May Davidson:

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