



# Hair Loss and Replacement For Dummies

*MD William R. Rassman, MD Robert M. Bernstein*

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# Hair Loss and Replacement For Dummies

MD William R. Rassman, MD Robert M. Bernstein

**Hair Loss and Replacement For Dummies** MD William R. Rassman, MD Robert M. Bernstein  
What are the causes of hair loss? Can you prevent it? Can lost hair be restored? *Hair Loss & Replacement For Dummies* helps you understand why men and women lose their hair and offers thorough, objective reviews of a wide array of hair replacement options, including hair replacement surgery, prescription and over-the-counter medicinal treatments, hairpieces, natural remedies, and a variety of other options.

This authoritative, user-friendly guide explains the pros and cons of hairpieces, fibers, foundations, and hair thickening techniques. You'll learn about pharmaceutical, laser, and topical treatments, and you'll find out how to determine whether you're good candidate for hair transplant surgery. You'll even find help in assessing costs, controlling expectations, avoiding hair replacement scams, and determining which option truly is best for you. You'll discover:

- What you need to know about hair and hair loss
- How to take better care of your hair
- Ways to prevent or reduce hair loss
- Creative techniques for concealing hair loss
- Shopping tips for hair-replacement systems
- How finasteride, minoxidil, and other medications might help
- Advice about low level laser treatments
- The low-down on hair transplant surgery

Complete with helpful myth-busting information about the causes of hair loss and the benefits of FDA-approved treatments, and helpful comparisons of the advantages of non-surgical and surgical hair replacement, *Hair Loss & Replacement For Dummies* is the resource to consult before you decide on any hair replacement treatment.

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