



Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments

ND, Dr. Carri Drzyzga DC

[Download now](#)

[Read Online](#) 

[Click here](#) if your download doesn't start automatically

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments

ND, Dr. Carri Drzyzga DC

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments ND, Dr. Carri Drzyzga DC

Are you sick and tired of... being sick and tired? Fatigue is one of the most common complaints in doctors' offices, yet it's also one of the most poorly managed and misunderstood illnesses...until now! With Reclaim Your Energy's proven, biological science gleaned from Functional Medicine—an emerging, leading-edge field of natural healthcare—you can end doctor visits that merely treat your symptoms, and finally find the underlying, root cause of your fatigue, so you can fix the cause and finally feel normal again! The Functional Medicine approach is not “Band-Aid, pop-a-pill” medicine. Instead it provides a sensible, lasting solution to fatigue. Yes, you can truly reclaim your physical and mental energy, feel normal again, get your health back, and enjoy life to the fullest! As Dr. Carri likes to say: FIND THE CAUSE. FIX THE CAUSE. FEEL NORMAL AGAIN! With fatigue, the standard medical approach consists of testing for 1.) anemia and 2.) low thyroid. If you don't have either one of these (and you're otherwise healthy), your family doctor really cannot help you beyond offering you an antidepressant. (You probably already know this from personal experience, too, or else you would have already stopped reading!) The problem is your doctor isn't running the tests you need, and that's why they cannot find the underlying cause of your fatigue! There's ALWAYS a reason for fatigue. If you want to find the root underlying cause of your fatigue...and use treatments that are natural, safe and proven effective...and finally have a long lasting solution to your fatigue...and feel normal again...and get your health back...and be able to enjoy your life to the fullest...the solution is right in front of you. In Dr. Carri's hit book *Reclaim Your Energy and Feel Normal Again!* she details 8 root causes of fatigue – she calls them The 8 Fatigue Factors. “Fatigue is very prevalent, but the root cause for many patients is unclear. If they are lucky, a rapid medical diagnosis or a change in lifestyle might be the very thing they need. But, for many, the underlying cause of their fatigue and an increasingly poor level of health are unclear. The functional medicine approach advocated by Dr. Drzyzga here goes right to the heart of the issues that can contribute to fatigue and ill health. While this book does indeed teach some complex issues in a very straightforward way, it is at the same time very rich in information and Dr. Drzyzga's expertise shines through. In the first part of this book, a close examination of the nature of fatigue and its causes is laid out in chapters that address major issues, such as hormonal imbalances/ deficiency, allergy, nutritional deficiency and chronic infections. For each of these topics, there is a description of the symptoms and signs, the tests to uncover the causes, and the most common treatment. The second part of the book gives the reader a lasting gift – some clear cut instructions on how to lay the foundation for long term good health.” - Dr. Fraser Smith, ND, Assistant Dean and Associate Professor of Naturopathic Medicine at the National University of Health Sciences.

 [Download Reclaim Your Energy and Feel Normal Again! Fixing the R ...pdf](#)

 [Read Online Reclaim Your Energy and Feel Normal Again! Fixing the ...pdf](#)

Download and Read Free Online Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments ND, Dr. Carri Drzyzga DC

Download and Read Free Online Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments ND, Dr. Carri Drzyzga DC

From reader reviews:

Carolyn Robles:

The knowledge that you get from Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments may be the more deep you excavating the information that hide into the words the more you get serious about reading it. It does not mean that this book is hard to know but Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments giving you enjoyment feeling of reading. The article author conveys their point in selected way that can be understood by anyone who read this because the author of this reserve is well-known enough. This kind of book also makes your current vocabulary increase well. So it is easy to understand then can go along, both in printed or e-book style are available. We highly recommend you for having this kind of Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments instantly.

Marie Nitta:

Why? Because this Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments is an unordinary book that the inside of the book waiting for you to snap this but latter it will shock you with the secret this inside. Reading this book adjacent to it was fantastic author who write the book in such incredible way makes the content interior easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any more or you going to regret it. This unique book will give you a lot of advantages than the other book have such as help improving your ability and your critical thinking method. So , still want to hold off having that book? If I were being you I will go to the guide store hurriedly.

Christopher Hannah:

Does one one of the book lovers? If so, do you ever feeling doubt if you find yourself in the book store? Aim to pick one book that you find out the inside because don't ascertain book by its handle may doesn't work here is difficult job because you are afraid that the inside maybe not because fantastic as in the outside appearance likes. Maybe you answer might be Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments why because the wonderful cover that make you consider concerning the content will not disappoint a person. The inside or content is definitely fantastic as the outside or cover. Your reading sixth sense will directly direct you to pick up this book.

Mabel Maddux:

Is it you actually who having spare time subsequently spend it whole day through watching television programs or just laying on the bed? Do you need something totally new? This Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments can be the solution, oh how comes? It's a book you know. You are therefore out of date, spending your extra time by reading in this

completely new era is common not a nerd activity. So what these guides have than the others?

Download and Read Online Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments ND, Dr. Carri Drzyzga DC #HFYPMB6A7WI

Read Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC for online ebook

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC books to read online.

Online Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC ebook PDF download

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC Doc

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC Mobipocket

Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue With Natural Treatments by ND, Dr. Carri Drzyzga DC EPub