



# **Beyond the Master Cleanse: The Year-Round Plan for Maximizing the Benefits of The Lemonade Diet**

*Tom Woloshyn*

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### EXPERIENCE THE BENEFITS OF THE MASTER CLEANSE EVERY DAY

- **Stay Toxin Free**
- **Keep the Weight Off**
- **Increase Energy**
- **Improve Skin and Hair**
- **Eliminate Allergies**
- **Maintain a Healthy Colon**

Spending ten days on The Lemonade Diet is a proven way to transform your body and health. But if you return to your former unhealthy habits, you will quickly undo all you gained. With its comprehensive post-cleanse program, *Beyond the Master Cleanse* allows you to maintain and extend the Master Cleanse's amazing benefits.

*Beyond the Master Cleanse* explains how to identify and overcome the most common difficulties you will encounter in your post-cleanse life. Drawing on the principles and power of The Lemonade Diet, this book's program offers an effective way to keep your body from sliding back into a toxic state. From easy parasite cleansing and tips for avoiding common toxins to overcoming addictions and transitioning to your new diet, *Beyond the Master Cleanse* shows how to continue the healthy transformation you started with your cleanse so that you can live a happier, healthier and more prosperous, abundant life.

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