



# Substance Abuse in Adolescents and Young Adults: A Guide to Treatment

*Joseph Nowinski*

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**“Dr. Nowinski’s book breaks new ground for professionals working with adolescents and young adults. In clear and practical terms it speaks to the current epidemic of substance abuse among our youths. Beyond describing diagnosis and treatment, this book succeeds in integrating developmental psychology and family therapy techniques with recovery.” —Anthony A. Ferrante, M.D., Associate Clinical Professor of Psychiatry**

*Substance Abuse in Adolescents and Young Adults* discusses the special problems of substance abuse in people from 13 to 23, and provides advice on setting up treatment programs for young people and their families.

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