



**Divinely Attuned: Using brain science, psychology,  
and spiritual practice to maximize spirituality,  
improve intimacy, and make good relationships  
even better**

*Jacqueline Richard*

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# Divinely Attuned: Using brain science, psychology, and spiritual practice to maximize spirituality, improve intimacy, and make good relationships even better

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Imagine discovering more of who you and your partner are meant to be *and* increasing your love, intimacy, and spiritual awareness, all at the same time!

*Divinely Attuned* stands at the intersection of spirituality, science, and psychology, guiding you and your partner to a new level of intimacy and spirituality. With a minimum of technical jargon and an abundance of positive, straightforward language, you'll learn how to use neuroscience, psychology, and spiritual practice to help your good relationship become more vibrant than ever.

“Dr. Richard has given the world a gift: her gentle wisdom and counsel on the intersection of love and the divine in relationship. As a psychotherapist, she deftly combines new brain science with ancient knowledge, taking readers deeper into their understanding of what creates a satisfying connection with a beloved partner. Dr. Richard includes inspiring exercises and activities for couples to do together so that they can experience divine attunement for themselves. Uniquely, this book includes a discussion of sexuality as an expression of divine love, along with practical tips for better sex at any age. The reader who picks up this book will surely be glad they did!”

—**Dr. Stephanie Buehler**, author—*Love, Sex, and Mental Illness: A Couple's Guide to Staying Connected*

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