



Don't Worry Be Happy: 9 Principles of Living a Successful Life

MSN, Jane John-Nwankwo RN

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Prologue Henry Ford once commented, “Coming together is a beginning; keeping together is progress; working together is success.” Success is such a subjective thing. If you were to ask twenty people to define success you would get as many radically different ideas. Some might say that success is having everything you need. Others may say it is being at the top of your field. Still others might define success in terms of income or conspicuous wealth. The philosophers might say success means being high on Maslow’s Hierarchy of Needs. It might be argued that success is a measure of one’s perception. Those who are self-confident and have high self-esteem also feel successful where those with lower self-esteem often feel a lack of success. Don’t Worry Be Happy: 9 Strategies for Leading a Successful Life is about learning how to be successful, while maintaining a high level of optimism, peace of mind and faith in God. Sometimes success is simply a matter setting a goal, devising a plan for achieving that goal and carrying out that plan. Each chapter of this book discusses a strategy that will help you achieve what you set out to do. Coach Vince Lombardi told his team: “The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.” Let us begin.....

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