



Fang Xiang Liao Fa: Essential Oil Analogues of TCM Herbal Formulas

Esther E Aldrich, Randall R Bornemann

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Some people just don't like needles. Children, for example, can be very difficult to needle. Then there are people who have to be careful with herbs. Celiacs are limited in that they can only use gluten-free herbs. This book provides an alternative to both. With a 53 page TCM-based Materia Medica of essential oils, a full Materia Medica of carrier oils, and over 100 blends, all based on TCM herbal formulas, complete with point prescriptions and application techniques.

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