



What You Are For: Inciting A Revolution In Your Soul

Melissa La Flamme

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From the back cover of *What You Are For*

What You Are For is your invitation to a modern-day vision quest. This sumptuous collection of visionary poetry beckons you on a healing journey. Offered up to ravish and soothe your tender heart, this book is medicine for your soul. Beautifully crafted to open the doors of perception and deliver you into your delicious potential, *What You Are For* engages you in the central conversation of your life. On these pages you will encounter an experience all at once lovely, terrifyingly heart-pounding, yummy and sensual, raw and erotic, heart-opening and heart-breaking, wrapped warmly in comforting, healing love. This book is primal, poetic medicine for the 21st century soul.

Advance Praise for *What You Are For: Inciting A Revolution In Your Soul*

"What You Are For is a shaman's brew of poetic ayahuasca. A vine of soul, of death, of new life. To sit with these poetic, powerful lines is in itself a breaking open of our egos, their compromises and identifications which hold us back. This is a new kind of poetry. What the poet offers is medicine for the soul. Here we have shamanic poetry at its best, its freshest; a post-modern poetry that unites the old initiatory themes with crackling expressiveness. So read. Read and realize what you hold in your hand is a new-life-giving ceremony. This is Clarissa on rocket fuel. Enjoy!"

--C. Michael Smith, Ph.D., author of *Jung and Shamanism In Dialogue: Retrieving the Soul/ Retrieving the Sacred*, and the award-winning, *Psychotherapy and The Sacred*

"Melissa La Flamme possesses a totally unique ability to invite the reader into virtually every aspect of who we really are. This is an invitation to explore the known and unknown; the wonderful, scary, deep, dark, light, wild, playful, erotic, and amazing mystery of it all. *What You Are For* is a provocative, evocative shamanic journey. Enjoy the adventure!"

--Byron Metcalf, Ph.D., award-winning musician and creator of *The Shaman's Heart - The Path of Authentic Power, Purpose & Presence*

"The poet of this impassioned collection of soul-rallying gems is aptly named; 'Melissa' is associated with honey as sweetness and healing balm, and 'La Flamme' any measure of fire - from seductive candlelight to volcanic eruption - a spectrum the poet deftly plays. Altogether engaging."

-- Mary Trainor-Brigham, M.A., author of *DEEP CINEMA: Film as Shamanic Initiation*

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