



Microanalysis in Music Therapy: Methods, Techniques and Applications for Clinicians, Researchers, Educators and Students

Thomas Wosch

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In the context of music therapy, microanalysis is the detailed analysis of that short period of time during a music therapy session during which some kind of significant change takes place. These moments are crucial to the therapeutic process, and there is increasing interest amongst music therapists in understanding how they come about and whether there are ways of initiating them. The contributors to this groundbreaking book look at methods of micro process analyses used in a variety of music therapy contexts, both clinical and research-based. They outline their methods, which include using video and audio materials, interviewing, and monitoring the client's heart rate, and also give examples of the practical application of microanalysis from their clinical experience, including work with clients who have psychiatric illness, autism and other conditions. "Microanalyses in Music Therapy" provides a wealth of important theoretical and practical information for music therapy clinicians, educators and students.

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