



# Hapkido: 1st Degree Black Belt Requirements (Hapkido Manuals)

*Marc Tedeschi*

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VOLUME 5 of 9--This manual is part of a series of manuals summarizing promotion requirements and techniques for specific Hapkido color-belt and black-belt ranks. These texts are intended to be used as a quick reference for skills already learned; as a study guide for test preparation; and as an aid to serious, long-term training. These manuals are not stand-alone texts, but should be used along with Marc Tedeschi's 1136-page Hapkido book. Students new to Hapkido may wish to first obtain Mr. Tedeschi's 128-page Hapkido book, which gives a concise overview of Hapkido's history, philosophy, and techniques, along with fundamentals. Collectively, these groundbreaking books and manuals constitute a comprehensive curriculum encompassing all ranks, from novice to master. This volume includes:

- 1209 b&w photographs
- 373 techniques (40 yellow, 45 green, 83 blue, 101 red, 104 black)
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